



OCTOBER 2011 MENU

The Gathering Place COG
5500 Old Collinsville Rd
Fairview Heights, IL 62208
(618) 632-1438



Wed 10-1 and 6-7 pm

Last day to Order at church Oct 19, 2011

<u>3 Ways to Order</u>	<u>MAF Online & Phone Order Deadline</u>
1. Local Outreach Center by cash or check	October 23 12 Noon CST
2. Order Online at www.midamericafoods.com	Delivery Date
3. Call toll free 1-855-832-7238	October 29
<i>Online & Phone orders accept all major credit cards</i>	

Family Meal Box

Qty _____ @ \$29 = \$ _____

2 - 1.4 lb Tyson Boneless Chicken Breast Tenderloins (each pk. worth \$6) 4 - 6 oz Boneless Pork Chops
 2 - 12 oz Pk Canadian Bacon (each pk. worth \$6) 2 lb Lean Ground Beef 1 lb Frozen Peas 1 lb IQF Strawberries
 1 lb Shady Brook Farm Italian Turkey Sausage 1 lb Fully Cooked Chicken Breast Strips (worth \$8)

Select Box

Qty _____ @ \$17 = \$ _____

4 - 4 oz Boneless Pork Chops 1 lb Lean Ground Beef 1.41 lb Tyson Boneless Chicken Breast Tenderloins
 1 lb Frozen Corn 1 lb IQF Strawberries

Suppertime Premium Entrees (8 - 16 oz)

Qty _____ @ \$22 = \$ _____

- *Lasagna with Meat Sauce
- *Manicotti with Marinara Sauce
- *Beef Stroganoff over Pasta with Broccoli Florets (two entrees)
- *Grilled Chicken with Tomato Basil Sauce and Penne Pasta
- *Chicken Parmesan with Penne Pasta, Sauce and Mozzarella
- *Chicken Teriyaki, over Rice with Red and Green Peppers and Onions
- *Turkey Breast with Mashed Potato, Super Sweet Corn and Turkey Gravy

Seafood Box

Qty _____ @ \$20 = \$ _____

1 lb Large Breaded Tail-On Shrimp (20-30 count) 1 lb. IQF Pollack Filets 1 lb Haddock Filets (4-4 oz)
 1 lb Tilapia (Stuffed with Spinach & Cheese) (4-4 oz) 17 oz Breaded Lemon Pepper Tilapia Filets

Premium Pasta Box

Qty _____ @ \$17 = \$ _____

18 oz Stuffed Shells 18 oz Stuffed Manicotti 16 oz Meat Tortellini 13 oz Cheddar Perogies
 13 oz Cheese Ravioli 12 oz Sun Dried Tomato Rigatoni 12 oz Spinach and Cheese Rigatoni

Oven Roasted Chicken Breast Strips Box

Qty _____ @ \$22 = \$ _____

Fully Cooked Whole Muscle Chicken Breast Strips/ Oven Roasted/ All Natural/ 2-5 lb. bags per case.(approx. \$80 retail value)

Mama Rosa Sausage Pizzas Grillers (10-13 oz per case)

Qty _____ @ \$17 = \$ _____

Great For the Grill or the Oven (Pizzas are in their own foil Tray)

Paid by: (Please circle one) Cash Check Credit Card Taken by _____ Total Order _____

CUSTOMER INFORMATION

Name: _____ Phones: _____
 Address: _____
 City: _____ State: _____ Zip: _____ E-Mail: _____